

# tanoor

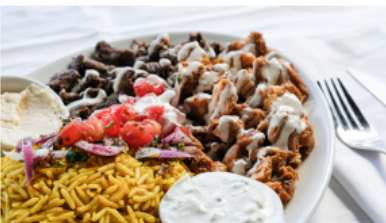
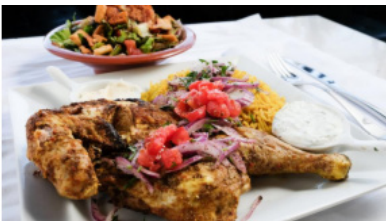
Halal



## Authentic Lebanese Cuisine

<https://www.tanoor.com>

Catering available



Gratuity of 18% will be added to parties of 6+  
A 5% **optional** service charge is added to dine-in parties under 6 (**Not a tip**). Learn more at: <https://www.tanoor.com/servicecharge.html>

**SALADS\* 16 (+10** Shish Tawook, Falafel, Gyro, or Arambeet)(+14 Beef or Lamb Shish Kabob\*\*)



**Tabouleh** (GF) (V)  
Classic Lebanese salad of chopped parsley, quinoa, tomato, onion, in lemon & olive oil

**Fatoush** (V)  
Romaine, tomato, red bell pepper, cucumber, onion, tanour signature dressing, pita chips


**Greek Salad** (GF) (V)  
Romaine, tomato, red bell pepper, cucumber, onion, pepperoncini, feta, olives


### COLD MEZZE APPETIZERS

**Hummus\*** 12 (GF) (V)  
(+6 Chopped Lamb or Shawarma)  
Creamy chickpea dip & sesame paste, topped with olive, parsley & olive oil.

**Spicy Hummus\*** 13 (GF) (V)  
(+6 Chopped Lamb or Shawarma)  
Hummus infused with red chili & topped with Aleppo pepper


**Babaghanouge\*** 13 (GF) (V)  
(+6 Chopped Lamb or Shawarma)  
Smoky fire-roasted eggplant dip, sesame paste, & yogurt, topped with olive, parsley & olive oil

**Muhammara\*** 14 (CONTAINS GLUTEN & NUTS) (V)  
 Red pepper, walnut, bread crumbs, pomegranate molasses, parsley, spices & olive oil

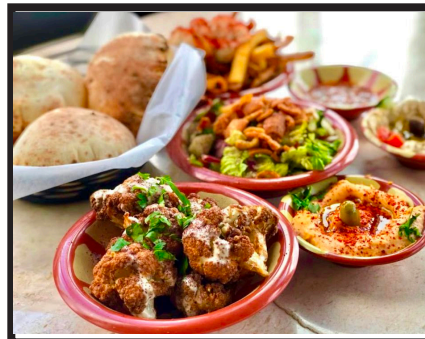
**Eggplant Shakshouka\*** 14 (GF) (V)  
 Eggplant, red peppers, tomatoes, garlic, and spices, topped with parsley and olive oil. Served cold.

**Labneh\***(GF upon request) 12 (V)  
Traditional strained thickened yogurt topped with olive oil & Zaatar

**Stuffed Grape Leaves\*** 12 (GF) (V)  
 Grape Leaves stuffed with rice, spices, soaked in olive oil & lemon juice, topped with tzatziki & tomato

**Assorted Olives & Pickles** 13 (GF) (V)  
 Assorted Lebanese style olives, pickled turnips & pepperoncini

\* Smaller portion can be used as dinner side item



### Mezza Medley 45

Your choice of five vegetarian Mezza items. (Maximum two of the same mezza items)

### HOT MEZZE APPETIZERS

(Only vegetarian items can be used as a side order with Mezza Medleys & Mixed Grills. )

**Chicken Wings** 19 (GF)  
Grilled Chicken Wings tossed in hot sauce (never fried)

**Tanoor Sfiha** 18  
Mini flatbreads topped with spiced ground beef kafta baked in tanour oven



**Cheese Fatayir** 15 (V)  
Authentic Lebanese Pies stuffed with akkawi Cheese, baked in tanour oven

**Spinach Fatayir** 15 (V)  
Fatayir stuffed with spinach, onions, sumac, & pomegranate molasses, baked in tanour oven

**Halloumi Fries** (GF upon request) 15 (V)  
Fried halloumi cheese topped with zaatar yogurt, pomegranate molasses & sumac



**Arambeet** 14 (GF) (V)  
Flash-fried cauliflower topped with tahini, parsley & spices

**Falafel Patties** 13 (GF) (V)  
Falafel patties made with chickpeas, herbs & spices, served with pickled turnip, pepperoncini & tahini

**Batata Harra** 8 (GF) (V)  
 Hand-cut Fries topped with toum & Aleppo pepper, served with a side of tanour signature Batata Harra sauce

**French Fries** 7 (GF) (V)  
Hand-cut fries

## FAMILY MASHAWi GF

**Mixed Grill For Two-Three\*\*** (Three sides) **85**  
**Mixed Grill For Four-Six\*\*** (Five sides) **164**



Beef, Lamb, Shish Tawook & Kafta Kabob with Grilled Vegetables, full-size vegetarian Mezze items, toum, tzatziki & your choice of rice

**Tanoor Experience\*:** (Parties of 10+)

**45 per Adult, 25 children (12 and Under)**

**Tanoor Experience++ 55 per Adult, 32 per Child**

Ask your server about our best dining experience for large parties (all guests must participate)

## SHAWARMAS (+1 Spicy) by request GF



Shawarma topped with tahini and garnished with tomato, onion & parsley. Served with toum on the side, and your choice of rice & cold veggie mezza item

**Chicken Shawarma 25**

**Beef & Lamb Shawarma 26**

**Shawarma Combo 27**

## Arambeet Plate 24 GF V

Flash fried cauliflower, with pickled turnip, pepperoncini, caramelized onions, tahini, your choice of rice & cold veggie mezza item



**Falafel Plate 23** GF V  
Falafel Patties, with pickled turnip, pepperoncini, caramelized onions, tahini, your choice of rice & cold veggie mezza item

## Grilled Vegetable Plate 23 GF V

Grilled mushroom, bell pepper, tomato, onion, zucchini, caramelized onions, tzatziki, your choice of rice & appetizer

## Lentils & Rice Dinner 19 GF V

Tanoor Lentils & Rice with caramelized onions, tomatoes, tzatziki & cold veggie mezza item

\*\* Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

## HOUSE SPECIALTIES GF

### Dajaj Mishweh 31



Half Grilled garlic-lemon chicken with spices, tomato, onion, parsley, toum, your choice of rice & cold veggie mezza item

### Tanoor Lamb Chops\*\* 45

Half rack of chargrilled lamb, Grilled Vegetables, tomato, onion, parsley, tzatziki, your choice of rice & cold veggie mezza item

### Tanoor Teres Major Steak\*\* 45

13 oz Teres Major steak, Grilled Vegetables, & Batata Harra

### Gluten Free Fried Chicken Strips 25

4 pieces, Gluten Free and Dairy Free fried chicken tenders. Served with corn, one side order and toum

## MASHAWi(+1 Spicy) by request.

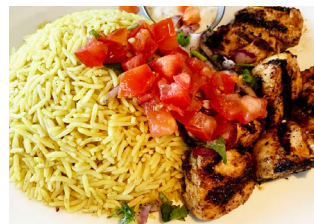
Includes rice & cold Mezza item

Yellow Rice, Lentils & Rice, or Combination

One cold Mezza item, Salad, French Fries or Batata Harra

## Kabob Combo\*\* 44 GF

Any two Kabobs: Shish Tawook, Beef, Lamb or Kafta



## Shish Tawook 27

Grilled boneless & skinless chicken breast

## Lamb Shish Kabob\*\* 31

## Beef Shish Kabob\*\* 30

## Kafta Kabob 27

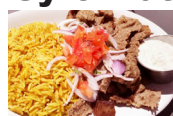
Grilled ground beef kafta

## Spicy Grilled Lamb & Veggies 32



Lamb, mushroom, bell pepper, tomato, onion, zucchini, caramelized onions, tzatziki, your choice of rice & cold veggie mezza item

## Gyro Plate 22



Beef & lamb seasoned & cooked on the doner, tomato, onion, tzatziki, your choice of rice & cold veggie mezza item

## TANOOR STREET FOOD

(+3 Gluten Free pita by request) (+1 spicy)

Side (+6): French Fries, Batata Harra, Salad, or Cold Mezze Appetizer

### Chicken Shawarma Sandwich 16

Authentic Chicken Shawarma, tomato, onion, parsley, toum, lettuce, Hummus & tahini

### Beef & Lamb Shawarma Sandwich 17

Authentic Beef & Lamb Shawarma, tomato, onion, parsley, lettuce, toum, Hummus & tahini

### Shish Tawook Sandwich 18

Grilled Boneless Skinless Chicken Kabob, tomato, onion, parsley, lettuce toum & Hummus

### Lamb Kabob Sandwich\*\* 22

Grilled Lamb Loin Kabob, tomato, onion, parsley, lettuce, toum & Hummus

### Beef Kabob Sandwich\*\* 22

Grilled Teres Major Beef Kabob, tomato, onion, parsley, lettuce, toum & Hummus

### Kafta Sandwich 19

Ground beef kafta kabob, tomato, onion, parsley, lettuce, toum & Hummus

### Tanoor Gyro Sandwich 16

Beef & lamb seasoned & cooked on the doner, tomato, onion, Hummus, tzatziki & feta

### Arambeet Sandwich 17 (V)

Flash-fried cauliflower, romaine, red bell pepper, tomato, cucumber, onion, olives, Hummus & tahini

### Falafel Sandwich 16 (V)

Falafel Patties, tomato, parsley, pickled turnip, Hummus & tahini

### Labneh Sandwich 13 (V)

Labneh, romaine, red bell pepper, tomato, cucumber, onion, olives & Zaatar

## ALL-DAY BREAKFAST

### Shakshuka\*\* 18 (+6 Shawarma) (GF) (V)



Three eggs cooked with tomato, onion, herbs, olive oil & spices, served in a cast iron skillet

### Fool Mudammas 21 (GF) (V)



Traditional Lebanese breakfast of stewed chickpeas, fava beans, served with tomato, parsley, pickled turnip, pepperoncini & olive oil

### MANA'EESH (+3 GF bread by request)

Traditional Lebanese flatbreads baked in tanoor oven  
Add a Side (+6): Any Cold Mezze Appetizer, Salad, French Fries, or Batata Harra



### Lahmeh Bajeen 18

Ground beef, tomato, onion, parsley, tomatoes & spices



### Cocktail Man'oushe 16 (V)

(+6 Shawarma)

Akkawi Cheese & Zaatar



### Cheese Man'oushe 15 (V)

(+6 Shawarma)

Akkawi Cheese



### Zaatar Man'oushe 12 (V)

Zaatar & olive oil

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## HOT BEVERAGES

### Hot Tea

**6/cup**



Black Tea, Earl Grey, Moroccan Mint Green Tea, Wassim Tea, or Hibiscus (caffeine free)

### Turkish Coffee w/Cardamom **6/cup**



Prepared regular or decaf in a traditional Turkish coffee set

### Fresh Brewed Coffee **5.5**

Seattle's Best Coffee, prepared regular or decaf

## EXOTIC JUICE BAR

### Orange

**8**

Blended with your selection of one of the exotic juices: mango, guava, strawberry, pineapple, pomegranate

### Pineapple

**8**

Blended with your selection of one of the exotic juices: mango, guava, strawberry, pomegranate

### Lemonada

**6**

Fresh squeezed lemonade

### Mint Lemonada

**8**

Lemonada blended with fresh mint leaves

### Rumman Lemonada

**8**

Lemonada, 100% pomegranate juice & orange blossom water

## DESSERTS

### Lebanese Authentic Knefeh **16**



Cheese pastry made the authentic Lebanese way with a buttery crust, soaked in orange blossom syrup, topped with pistachios

### Fruit Lemonada

**8**

Lemonada with strawberry, guava, mango, pineapple, blackberry, or blood orange

### Lemonada-Iced Tea

**6**

Half Lemonada, half Homemade Iced Tea

### Fruit Soda

**6.5**

Blackberry, pomegranate, or blood orange soda

### Nutella Man'oushe **10 (GF+3 by request)**

Baked flatbread with Nutella & pistachios

### Rose Soda

**6**

### Homemade Iced Tea (free refills)

**5.5**

### Baklava

**3.5**



Flaky phyllo with nuts & honey. Traditional pistachio, cashew finger, and birds' nest pistachio baklavas available  
Trio (one of each) **9.5**  
Dozen (your selection) **34**

### Soft Drink (free refills)

**5**

Coke, Diet Coke or Coke Zero, Sprite, Fanta, Root Beer or Dr Pepper



### Ask your server about out

#### Ice Cream offerings:

- Pistachio covered **9**
- Baklava crumble **12**
- Affogato w. Turkish coffee **12**
- Other toppings: Strawberry, Mango or Guava puree
- Make your own. **12**



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# **tanoor banquet halls**

Bellevue & Seattle



**Pistachio**

**Baklava**

## **Introducing tanoor Ice Cream:**

- Pistachio covered
- Baklava crumble
- Affogato w. Turkish coffee
- Other toppings: Strawberry, Mango or Guava puree
- Make your own.

Ask your server for recommendations and flavor of the day.